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**simple bullet**

* first, create paragraph and run, set text
* second, call XWPFDocument.CreateNumbering() to create numbering
* third, add AbstractNum[numbering.AddAbstractNum()] and Num(numbering.AddNum(abstractNumId))
* next, call XWPFParagraph.SetNumID(numId) to set paragraph property, CT\_P.pPr.numPr

**multi level bullet**

* first
  + first-first
  + first-second
  + first-third
* second
  + second-first
  + second-second
  + second-third
    - second-third-first
    - second-third-second
* third